



Influences & Inspiration

Business & Strategy

Aaker, David A. *Building Strong Brands*
Block, Peter. *Flawless Consulting and Community: The Structure of Belonging*
Brown, Shona L. and Eisenstadt, Kathleen M. *Competing on the Edge*
Collins, Jim. *Good to Great*
Jim Kenefick Consulting
Montgomery, Cynthia. *The Strategist*
Schlesinger, Leonard and Kiefer, Charles F. *Just Start*
Zaffron, Steve and Logan, Dave. *The Three Laws of Performance*
Zander, Ben and Zander, Rosamund Stone. *The Art of Possibility*

Communication

Brothers, Chalmers. *Language and the Pursuit of Happiness*
Margulies, Nancy. *Mapping Inner Space*
Rosenberg, Marshall B. *Nonviolent Communication*
Stone, Douglas, Patton, Bruce and Heen, Sheila. *Difficult Conversations: How to Discuss What Matters Most*

Coaching

Flaherty, James. *Coaching: Evoking Excellence*
Silsbee, Doug. *Presence-Based Coaching*

Creativity

Cameron, Julia. *The Artist's Way*
Johnston, Keith. *Impro*
Lamott, Anne. *Bird by Bird*
Tharp, Twyla. *The Creative Habit: Learn it and Use it for Life*

Meditation, Mindfulness, Psychology & Spirituality

Almaas, A.H. *Facets of Unity and Pearl Beyond Price*
Brown, Byron. *Soul Without Shame*
Chodron, Pema. *Start Where You Are*
Jessica Dibb, Inspiration Community
Gendlin, Eugene. *Focusing*
Goleman, Daniel. *Emotional Intelligence*
Judith, Anodea. *Eastern Body, Western Mind*
Kabat-Zinn, Jon. *Living the Full Catastrophe, Wherever You Go, There You Are, and Mindfulness Meditation* CDs
Kornfield, Joseph. *Seeking the Heart of Wisdom*
Levine, Peter. *Healing Trauma*
Myer-Briggs (MBTI)
Riso, Don Richard and Hudson, Russ. *Wisdom of the Enneagram*, and The Enneagram Institute
Rumi (translated by Coleman Barks). *The Essential Rumi and Love Poems*
Salzberg, Sharon. *The Kindness Handbook and Loving-Kindness Meditation*

Somatics

Farhi, Donna. *The Breathing Book*
Palmer, Wendy. *The Intuitive Body*
Post, Allison & Cavaliere, Stephen. *Unwinding the Belly*
Strozzi, Richard. *The Anatomy of Change*

Yoga & Yoga Philosophy

Bhagavad Gita (translation by Winthrop Sargeant)
Douglas Brooks, Rajanaka Yoga
Iyengar, B.K.S. *Yoga, the Path to Holistic Health*
Keller, Doug. *Hatha Yoga in the Anusara Style and Refining the Breath*
Lasater, Judith. *Relax and Renew*
Vishali Varga Yoga